

CalmConnect™ Reduced Off-Task Behavior in Wayzata MN Elementary Schools by 80%

The Wayzata School District is an award-winning district encompassing multiple communities in the western suburbs of Minneapolis. Recently named the #1 school district in MN by Niche, the district educates 5,029 elementary students in eight elementary schools and one early learning center.

Study Objective and Design

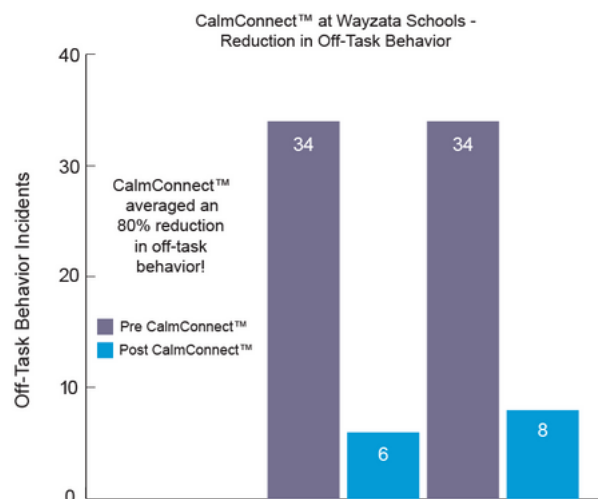
The objective was to evaluate the effectiveness of CalmConnect in reducing off-task behavior in neurotypical elementary classrooms. The study employed a “pre-post” design, measuring five metrics: not following directions, distracting behavior, talking out of turn/interrupting, moving out of seat, and being disengaged. Pre-treatment data was collected for one week (Feb 2018), with post-treatment data collected in weeks one, three, five, and thirteen.

Data was collected in four schools in grades Pre-K to Grade 4. One of the schools did not use the program, functioning as a control population.

Results

CalmConnect = **81% reduction** in off-task behaviors

CalmConnect = **78% reduction** in off-task behaviors



Data and results were presented by Dr. Stacey Lackner (Director of Research and Evaluation, Wayzata Public Schools) and Dr. Kieron Dey at the Minnesota School Psychologist Conference on January 24, 2019.